

| | Eyebrows / Camouflage | Eyeliner | Lips |
|----------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| WHAT TO EXPECT | Slight swelling with varying degrees of redness. Fairer complexions will tend to be more pink or red for first 24-48 hours. | Various degrees of swelling may occur, generally for first few mornings. Sleep propped up or on your back to reduce swelling. A sealed ice bag covered with paper towel can be lightly applied for the first 2 days. If eyes are weeping or tearing, pat lightly to dry with soft tissue. DO NOT PRESS ICE BAG AGAINST EYES DO NOT TOUCH EYES WITH FINGERS | Day of procedure: Swelling may occur. An ice bag covered with paper towel can be applied for the first day and next morning. Lips tend to be very dry |
| HOW TO CARE FOR YOUR PERMANENT MAKEUP | Day of procedure: Pat lightly with soft tissue to remove any fluid. Day 2-7: Gently apply lavender rescue with a cotton round. Pat lightly onto procedure area, twice daily (am & pm). | Day of procedure: Pat lightly with soft tissue to remove any fluid. Day 2-7: Gently apply lavender rescue with a cotton round. Pat lightly onto procedure area, twice daily (am & pm). | Keep moist using Q-tip with Vaseline for 14 days. Day 2-6: Gently apply lavender rescue with a cotton round. Pat lightly onto procedure area, twice daily (am & pm). Apply thin layer of Vaseline. Peeling will occur. DO NOT PEEL OFF! |
| WHAT TO AVOID | Avoid placing your face directly into a shower & avoid: night creams, moisturizers, active skin creams, Retin-A, soaps, and medicated facial cleansers, on pigmented area. Avoid picking or scratching brows while healing. | Avoid: eye creams, Latisse & lash growth products, moisturizers, Retin-A, lash tinting, lash extensions and false lashes for 2-wks following procedures. Avoid: high sodium foods (for at least the first 3 days). | Avoid extended wear lipsticks or plumping gloss. Avoid teeth bleaching for a minimum of 3 weeks. Avoid drinking any beverages without a straw. |
| WHAT TO NOTICE | Infections are extremely rare, however, if red ring appears around your brows, seek medical attention. Brows may weep for first few days. | YOUR EYEBALL SHOULD NOT BECOME MORE RED! You must seek medical attention immediately if you see signs of bloodshot eyes or pus in the corners of your eye/eyes. This may be an infection, requiring a physician and prescribed medication. | Lips may weep first few days. *Lips tend to fade 60% and color can hide for a 4-week period before resurfacing. |

******* At first sign of infection, we advise you to consult your physician. *******

FOLLOW FOR ALL PROCEDURES FOR 7-10 DAYS POST PROCEDURE:

- Avoid makeup, Retin-A & glycolic acids on pigmented areas while healing.
 - Avoid touching with fingers, sunscreens, direct sun, tanning beds & self-tanners on pigmented areas. Once healed, use a good sunscreen daily.
 - Avoid swimming pools, oceans, hot tubs, saunas and hot steamy showers. Shower with back to shower head to avoid water, shampoo /conditioner getting into pigmented area.
 - Avoid dirt (as in gardening), extreme perspiration (the gym) for the first week to prevent possible infection.
 - Don't be alarmed if pigment comes off onto Q-tip when applying aftercare ointments.
 - Don't be alarmed by fading after first application. Final color can't be judged until 2 weeks post procedure.
 - Never use topical antibiotics unless given to you at time of your procedure, with specific instructions.
 - If planning a chemical peel, MRI or other medical procedure, please notify technician you have an iron-oxide cosmetic tattoo.
 - If planning to have laser hair removal on upper lip or a Photo Facial using IPL, notify laser specialist of cosmetic tattoo so this area may be avoided by the laser. Both ablative and non-ablative lasers may cause pigment to turn black.
 - To donate blood, it's a Red Cross policy to wait one year after any tattooing procedure.
- *A touch-up procedure is often required.**